



Health Food Hut

Unlike the other so called healthy fast food restaurants. We do not offer double or triple burgers, high fat sides or desserts. Our goal is not to have any unhealthy options. Organic and Natural are the healthiest options.

Drive Through Menu

Our Web site <http://www.healthfoodhut.com>
will soon have all ingredients and nutritional information.

All Burgers and Sandwiches include Organic Fries or Sweet Potato Fries.

Burgers:

Organic grass fed Beef 1/4 pound Burger	\$8.75
Farm raised Bison, Elk, Venison, Emu, Ostrich, Lamb, Your choice of one 1/4 pound Burger	\$8.75
Wild Alaskan Salmon, Tuna, or Surimi Burger	\$9.50
Organic Turkey or Chicken Burger	\$8.25
Hawaiian Taro or Walnut Burger	\$8.25
Vegetarian Burgers - Black bean, Eggplant, or Tofu	\$8.25

Organic low fat - Sharp or Mild Cheddar, Baby Swiss, Colby and, Pepper Jack cheese are available for \$.75 extra. Organic pickles, hot peppers, sprouts or cucumber toppings. Add \$.50. All burgers and sandwiches come with organic tomatoes and romaine lettuce, Organic ketchup, mustard, or hot sauce. Add one of our specialty toppings for \$ 1.00. See specialty toppings....
Choice of organic wheat or white roll. Add specialty breads for \$ 1.00. See specialty breads.

Sorry....No processed lunch meats....

Sandwiches:

Spicy Fish Hoagie - Lightly breaded rainbow trout with Tabasco baked in.	\$8.95
Mahi Mahi - Macadamia and coconut crusted fillet sandwich	\$9.95
Chicken Breast - Grilled all natural	\$7.25
Organic Beef or Bison Cheese Steak Hoagie - Grilled	\$9.25
Pacific Cod	\$7.95

Sorry...No croutons, fatty cheeses, heavy dressings, or bacon bits...Your choice of our specialty dressings come with each salad.

Salads:

Wild American Shrimp and Avocado - Served over organic mixed greens, and raw vegetables	\$7.75
Curried Chicken - Served over organic mixed greens, and raw vegetables	\$7.25
Bison and Mango - Served over organic mixed greens, tomatoes, and cucumbers	\$7.95
Just Plain Healthy - Romaine, tomatoes, cucumbers, carrots, broccoli, sunflower seeds and more	\$7.50
Super Fruit Salad - Mangos, avocado, blueberries, and apples, Topped with acai and gogi berries, agave nectar and walnuts. Then sprinkled with dark chocolate shavings.	\$10.50
Florida Sunshine Salad - fresh Florida citrus slices with figs over fresh organic spinach. Topped with our special cinnamon sauce..	

Chicken and More

Organic Chicken Nuggets - 6 piece	\$4.99
12 piece	\$8.99
20 piece	\$12.99

Wraps

Grilled Chicken Breast - with Avocado Nectar & romaine, tomatoes, cucumbers, carrots, and sprouts in an organic white, wheat, or spinach tortilla.	\$ 6.99
Vegetarian - with onions, cucumbers, sprouts, tomatoes, carrots, broccoli, and romaine, smothered in our own black bean salsa. Choice of organic tortilla.	\$ 5.99
Tuna - with cucumbers, romaine, tomatoes, and smothered in organic fat free ranch dressing. Choice of tortilla.	\$ 7.25



Health Food Hut

CHILDREN'S MENU - SIDE DISHES - BEVERAGES

CHILDREN'S MENU

Mini 2 Oz Organic Burger

1/4 Wrap

Rainbow Fish - Fresh baked rainbow trout lightly breaded in shark, dolphin, and whale shapes.

Baked Chicken Breast Nuggets

Fresh Vegetable Platter with organic ranch dressing, bananas and strawberries

We will be working in our test kitchen and adding new items as we go....Healthy kids are happy kids

FRESH JUICE AND OTHER DRINKS

Orange Veggie Carrot Pineapple Tomato Apple Cranberry Grapefruit	\$ 3.75
Organic Coffee	\$ 1.99
Super Coffee with Super Greens added. Over 60 vitamins and minerals.	\$ 3.99
Steaz Organic Tea - Raspberry, Ginger Ale, Orange, Key Lime, Root Beer, Lemon, Grape, or Cola	\$ 1.99
Health Food Hut PH Water or Steaz Diet Tea	\$ 1.99
Add Super greens to any juice for just \$ 2.00 Does not affect the taste	
Plain Super Greens in Water just \$ 1.99	

SMOOTHIES

Combination of up to any three fruits	\$ 5.75
Pineapple, Banana, Mango, Strawberry, Peach, Blueberry, Pomegranate, Orange, Apple, Raspberries	
Blackberry, Cantaloupe, or Cherry	
Add \$ 2.00 for Super Greens	

APPETIZERS AND SIDES

Broccoli	\$2.50	Asparagus	\$2.50
Acai Bowl	\$4.75	Wild American Shrimp	\$7.50
Mango and Figs	\$4.25	Rainbow Trout Bites	\$4.50
Green Beans	\$2.25	Raw Slaw	\$3.50
Strawberries and Bananas	\$3.75	Organic Baked Fries or Sweet	\$2.50
Black Beans and Wild Rice	\$3.75	Organic Baked Sweet Potato	\$3.50

All of Our Breads are Flour - Less Made from Sprouted Grains Kosher and Organic

SPECIALTY BREADS

SAUCES AND DESSERTS

Sprouted Wheat or Rye	Add \$ 1.00 for any specialty	Raw Applesauce Pie	\$3.50
Flax Seed or Barley		Carob Raspberry Pie	\$3.50
No Salt Multi-Grain		Raw Key Lime Pie	\$4.00
Lifestyle Low Glycemic		Fresh Fruit Raw Pie	\$4.00
Mango or Avocado Dressing			
Tahini, Ranch, French, Cucumber, or Raspberry Vinaigrettes.	\$ 1.50	Selection of raw organic cookies and health bars	\$2.00
Mango or Avocado Salsa			

Our Restaurant will focus on Healthy fresh fruits and vegetables. Homemade raw and healthy desserts

Our test kitchen will be working on new healthy menu items each week. Our customers will be surveyed to make sure everyone is healthy and happy...

If you are looking for highly processed fatty foods or double and triple burgers. You came to the wrong place

Our Goal is to make you healthy.